

FOR YOUTH DEVELOPMENT® FOR HEALTHY LIVING FOR SOCIAL RESPONSIBILITY

YOUTH RUNNING



BUILDING FRIENDSHIPS, MEMORIES, AND HEALTHY HABITS September 6 - October 11 (6 Weeks)

Boys & Girls ages 4-13 years old **FOR**

Tuesday Evenings WHEN

5:15-6:15 PM TIME

WHERE On the field behind the Y up the hill towards the high school

Member: \$38 Non-Member: \$60 **FEE**

> *We will have a special "Candy Dash" Halloween Event on October 11. All participants are asked to provide 1 bag of candy.

Program taught by Jackson High School Cross Country coaches and runners. Fun, healthy activities involving running drills, games, and races! T-Shirt and snacks are included with registration.

Register by calling the Y or by going to ymcastark.org and "Program Registration."

FOR MORE INFORMATION, CONTACT DOUG HART, SPORTS DIRECTOR

dhart@ymcastark.org or 330 830 6275

PAUL & CAROL DAVID YMCA

CONNECT WITH US!

FINANCIAL ASSISTANCE AVAILABLE